New this year: Help us determine the concurrent sessions offered! See agenda for instructions.

THE JON B. TINGELSTAD CONFERENCE:

PRACTICAL PEDIATRICS

Thursday, May 9 and Friday, May 10, 2019

New location! The Education Center at Eastern AHEC
2600 W. Arlington Blvd., Greenville, NC

Jointly Provided by

The Department of Pediatrics and the Office of Continuing Medical Education of the Brody School of Medicine at East Carolina University, UNC Eshelman School of Pharmacy, in association with the Eastern Area Health Education Center
The Jon B. Tinglestad Conference: Practical Pediatrics is planned for clinicians providing care to pediatric patients. It is designed to increase awareness of changing issues in pediatric health care and to provide a review of selected topics identified by clinicians as some of the more challenging issues managed in day-to-day practice.

Upon completion of this conference, participants should have a greater understanding of knowledge-based strategies to integrate into practice new developments in the following areas:

**A Safe Night’s Sleep**
- Provide guidance to parents about safe sleep for their infants

**Triple P - Raising the Next Generation (concurrent)**
- Identify and access resources to help parents manage behavior problems in children

**Having Your Cake and Eating it, Too: Succeeding Professionally & Personally in Medicine (concurrent)**
- Describe strategies that can maximize performance both at work and at home

**What’s New for Newborns (concurrent)**
- Incorporate new tools and guidelines to address common problems in hospitalized newborns

**Practical Tips for Using ADHD Medications (concurrent)**
- Select and manage medications for children with Attention Deficit-Hyperactivity Disorder

**Patient-Centered Nutrition Education for the PCP (concurrent)**
- Use helpful tips and resources when providing nutrition interventions for obesity in the pediatric office

**The 2017 BP Guidelines for Kids - A Review and What’s New?**
- Implement new guidelines for evaluation and management of elevated blood pressure in children

**Plows, Pesticides and Pediatrics**
- Provide guidance to parents about keeping kids safe and healthy on the farm

**Failure to Thrive: An Evidence-Based Approach**
- Evaluate and manage children who are failing to thrive

**Primary Headaches: Management**
- Recommend appropriate management for children with headaches of varying kinds

**Secondary Headaches: Differential**
- Identify clinical features in a patient with headache that should prompt worry for an underlying secondary cause

**Autism Update 2019**
- Facilitate recognition and early diagnosis of autism spectrum disorders in the primary care office

**Clinical Management of Pediatric Dyslipidemia**
- Implement current guidelines in evaluating children for dyslipidemia

**Medicaid Transformation - From the Providers’ Perspective**
- Describe the new elements of Medicaid managed care and how it may impact providers and their patients

**Who Should Attend**

This conference has been planned for Physicians, Pharmacists, Nurse Practitioners and Physician Assistants, particularly those in the fields of Pediatrics and Family Medicine.
Practical Pediatrics Agenda

Thursday, May 9, 2019

12:30 Registration
Afternoon Moderator: Karin Hillenbrand, MD, MPH

12:50 Welcome/Overview

1:05 A Safe Night’s Sleep
Elaine Cabinum-Foeller, MD

1:55 Break
Transition to concurrent sessions

2:00 New! Concurrent Sessions
Offered 2:00 - 5:00 p.m.

Each participant will have the opportunity to participate in 3 different sessions. In order to optimize the variety of offerings, we will determine the schedule based on your individual preferences. After you complete general registration online, you will be asked via email to complete a survey. Your feedback will be important in determining the schedule. Advance registration is encouraged!

Triple P - Raising the Next Generation
Lynne Carter, RN, BSN

Having Your Cake and Eating it, Too: Succeeding Professionally and Personally in Medicine
Jennifer Crotty, MD

What’s New for Newborns?
Ryan T. Moore, MD
Kate Gitzinger, PNP

Practical Tips for Using ADHD Medications
Amanda Higginson, MD

Patient-Centered Nutrition Education for the PCP
Natalie A. Taft, MS, RDN, LDN, CCMS

1. Register online
2. We’ll email you a survey
3. Let us know your choices!

Friday, May 10, 2019

7:30 Breakfast Buffet

Morning Moderator: Jason Higginson, MD, MA

8:00 Welcome/Overview

8:15 The 2017 BP Guidelines for Kids - A Review and What’s New?
Suzanne Lazorick, MD, MPH

9:05 Plows, Pesticides and Pediatrics
Hunter Johnson, MD

9:55 Break

10:10 Failure to Thrive: An Evidence-Based Approach
Shaundreal Jamison, MD, MPH

11:00 Primary Headaches: Management
Eric V. Hastriter, MD, FAHS

11:50 Lunch

Afternoon Moderator: Jon B. Tingelstad, MD

12:50 Secondary Headaches: Differential
Eric V. Hastriter, MD, FAHS

1:40 Autism Update 2019
Karen M. Stiles, PhD, ABPP

2:30 Break

2:45 Clinical Management of Pediatric Dyslipidemia
Lauren A. Sarno, MD

3:35 Medicaid Transformation - From the Providers’ Perspective
Betsey Tilson, MD

4:35 Question and Answer

4:50 Adjourn
Faculty

PROGRAM DIRECTOR
Karin M. Hillenbrand, MD, MPH
Professor of Pediatrics

GUEST FACULTY
Eric V. Hastriter, MD, FAHS
Pediatric Headache Specialist
Child Neurology
Barrow Neurological Institute at Phoenix Children’s Hospital
Phoenix, AZ

Lynne Carter, RN, BSN
Triple P Regional Coordinator for Beaufort, Hyde, Lenoir, Jones, Greene and Pitt Counties
Pitt County Healthy Department

Kate Gitzinger, PNP
Newborn Services
Vidant Medical Center

Elizabeth (Betsey) Cuervo Tilson, MD, MPH
State Health Director
Chief Medical Officer
NC Department of Health and Human Services

BRODY SCHOOL OF MEDICINE FACULTY

Elaine Cabinum-Foeller, MD
Associate Professor of Pediatrics

Jennifer Crotty, MD
Associate Professor of Pediatrics

Amanda Higginson, MD
Clinical Associate Professor of Pediatrics

Shaundreal Jamison, MD, MPH
Clinical Assistant Professor of Pediatrics

Ryan Moore, MD
Chief of Neonatology
Clinical Associate Professor of Pediatrics

Hunter Johnson, MD
Medicine-Pediatrics Resident
Vidant Medical Center/BSOM

Suzanne Lazorick, MD, MPH
Professor of Pediatrics and Public Health
Associate Director of Community Research and Prevention
Pediatric Healthy Weight Research and Treatment Center

Natalie A. Taft, MS, RDN, LDN, CCMS
Registered Dietician/Nutrition Specialist
Pediatric Healthy Weight Research and Treatment Center
Department of Pediatrics

Lauren A. Sarno, MD
Clinical Assistant Professor
Pediatric Cardiology

Karen M. Stiles, PhD, ABPP
Clinical Associate Professor
Licensed Psychologist
Developmental Behavior And Family Autism Center
Department of Pediatrics

Jon B. Tingelstad, MD
Professor Emeritus and Former Chair
Department of Pediatrics
Pediatric and Medicine-Pediatric Alumni, Resident, and Faculty Get Together

Please join us for an opportunity to catch up with former residents and faculty on Thursday evening, May 9, from 6:30-8:30 p.m. at Winslow’s Tavern in downtown Greenville. Spouses, friends, and children are all welcome! Contact the Pediatric Residency Office with questions or to RSVP at 252-744-3041 or pedresidency@ecu.edu.

Things to See and Do In and Around Greenville

For more information, visit http://visitgreenvillenc.com/ or https://www.uptowngreenville.com/

OUTDOOR ADVENTURES

- **River Park North**
  1000 Mumford Road
  Greenville NC 27858
  Phone: 252-329-4562

- **Greenville Greenway System**
  Begins at the Town Common and winds its way adjacent to the Tar River through the university neighborhood then turns toward Greenspring Park. There it turns into the Green Mill Run Greenway and follows the Green Mill Run Creek through Elm Street Park to College Hill on the East Carolina University Campus.

ART

- **City Art Gallery**
  511 Red Banks Road Suite H.
  Greenville, NC 27858
  Phone: 252-353-7000
  www.cityartgreenville.com/

- **Emerge Gallery**
  404 S. Evans Street
  Greenville, NC 27858
  Phone: 252-551-6947
  www.pittcountyarts.org/

- **Greenville Museum of Art**
  802 South Evans Street
  Greenville, NC 27834
  http://gmoa.org/exhibitions/upcoming-exhibitions/

Nearby Lodging

- **Holiday Inn Express**
  900 Moye Blvd.
  Greenville, NC
  252-754-8300

- **Courtyard by Marriott**
  2225 Stantonsburg Rd
  Greenville, NC
  252-329-2900

- **Fairfield Inn & Suites by Marriott**
  908 Moye Blvd.
  Greenville, NC
  252-353-0606
Credit

Accreditation
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The Brody School of Medicine at East Carolina University, the Department of Pediatrics and UNC Eshelman School of Pharmacy in association with the Eastern Area Health Education Center. The Brody School of Medicine at East Carolina University is accredited by the ACCME to provide continuing medical education for physicians.

Credit
The Brody School of Medicine at East Carolina University designates this live activity for a maximum of 10.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP
This activity, Jon B. Tingelstad Conference: Practical Pediatrics, with a beginning date of May 9, 2019, has been submitted to the AAFP for consideration of approval.

Eastern AHEC Contact Hours
Certificates reflecting 10.5 contact hours of education will be awarded at the completion of the program.

Pharmacists
This program, Jon B. Tingelstad Conference: Practical Pediatrics, will provide 10.5 contact hours of continuing pharmacy education credit:
May 9, 2019 – 3.5 hours ACPE # 0046-9999-19-162-L04-P
May 10, 2019 – 7.0 hours ACPE# 0046-9999-19-163-L04-P

The University of North Carolina Eshelman School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. ACPE program 0046-9999-19-162-L04-P and 0046-9999-19-163-L04-P provides 10.5 contact hours of continuing pharmacy education credit. To receive CE credit, participants must verify attendance, and complete the evaluation form(s) of this program. Participants must provide their name, email address, NABP e-Profile ID, and date of birth (MMDD) to receive credit. Statements of credit can be viewed and printed in CPE Monitor in approximately 2 to 3 weeks. It is the participant’s responsibility to check CPE Monitor to verify credit has been uploaded. If credit is not shown please contact the provider.

**No partial session credit will be given**
Participants can access your CPE Monitor Account through the NABP website link: http://www.nabp.net/programs/cpe-monitor_service/ or contact NABP Customer Service at (847) 391-4406.
Registration Information

PREREGISTRATION AND FEE PAYMENT IS REQUIRED to guarantee space. Registration is online only at www.easternahec.net and requires a MyAHEC account.

REGISTRATION FEES (Includes education sessions, breaks, lunch, and an e-syllabus)

**Full Conference:**  
$185.00 MDs/NPs/PAs/PharmDs/Others  
$60.00 Residents/Medical Students

**Thursday:**  
$65.00 MDs/NPs/PAs/PharmDs/Others  
$30.00 Residents/Medical Students

**Friday:**  
$145.00 MDs/NPs/PAs/PharmDs/Others  
$50.00 Residents/Medical Students

**Printed Syllabus:**  
$50.00 - Must register by April 26 (also available free online via MyAHEC)  
Printed copies will not be available on site unless you purchase in advance.

By attending this event, I acknowledge that Eastern AHEC staff and/or their designees including news media may take general (not close-up) photos or videos of this event for marketing/publicity purposes, and I further allow my likeness to be used in this manner. If I do not wish to appear in these photos or videos, I understand that it is my responsibility to notify Eastern AHEC staff so my preference can be met.

Please be sure to bring a sweater or jacket for your comfort throughout the symposium.

HANDOUTS AND EVALUATIONS

Handouts will be available online only. One week prior to the program, registrants will receive a confirmation email with instructions to access handouts along with other program information. A hard copy syllabus is available for pre-order only for $50.00.

Evaluations will be emailed after the program. Once the evaluation has been completed, your certificate will be available.

CANCELLATION POLICY

- Registrants canceling between two weeks and two business days prior to the first day of the event will incur a 30% cancellation fee ($25 minimum).
- No refunds will be given for cancellations received less than two business days prior to the event.
- No refunds or credits will be given for no-shows.
- Substitutes are welcome (please notify us in advance of the event).
- Cancellations MUST be made in writing by mail or email at easternahec@ecu.edu.

AMERICANS WITH DISABILITIES ACT

Individuals requesting accommodation under the Americans with Disabilities Act (ADA) should contact the Department of Disability Support Services at (252) 737-1016 (V/TTY) at least five business days prior to the program.