Who Should Attend

This conference is specifically designed for health professionals and paraprofessionals who comprise the interdisciplinary team providing care to those living with dementia and includes registered nurses, occupational therapists, physical therapists, speech-language pathologists, social workers, nursing home administrators, nurse aides, medical assistants, and case managers.

Jointly Provided By

Area Agency on Aging, Albemarle Commission
Vidant Bertie Hospital
Vidant Chowan Hospital
Eastern Area Health Education Center
Over 5 million people are living with Alzheimer’s in the U.S. and the number will increase significantly in the next two decades. A major public health issue, Alzheimer’s Disease and Related Dementias (ADRD) will increasingly place enormous emotional, physical and financial stress on individuals who have it, on their family members, to the health care system and to our communities.

Conference participants will gain insight into current research, the benefits of early diagnosis, how to address the physical, cognitive, emotional, and behavioral symptoms of the disease, and how to assist caregivers as they cope with their caregiving responsibilities. Hospital and community initiatives to improve the lives of people living with dementia in northeastern NC will be explored.

**Course Objectives**

- Discuss the significance of early detection, diagnosis and intervention
- Describe the impact of progression of dementia on function and communication
- Discuss strategies to adapt visual, verbal and touch helping approaches to the level of dementia
- Discuss ways to assist caregivers as they cope with the physical and emotional aspects of their caregiving responsibilities
- Describe three initiatives in northeastern North Carolina that create dementia friendly environments enabling people with dementia to participate in their own care and live as independently and safely as possible

**Support**

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The UNC Center for Aging and Health, Carolina Geriatric Education Center also provided support for this activity.
Agenda

8:30 - 9:00 a.m.  
Check in, Light breakfast

9:00 - 9:15  
Welcome & Overview

9:15 - 10:30  
The Science of Dementia: Translating Research into Practice  
*Hamid Okhravi, MD*

10:30 - 10:45  
Break

10:45 - 12:15  
Progression of Dementia: Matching Care Approaches to Meet Changing Abilities  
*Melanie Bunn, RN, MS*

12:15 - 1:15 p.m.  
Lunch

1:15 - 2:15  
Dementia: Through the Lens of the Family Caregiver  
*Moderator: Dana Smith, RPh*  
*Panel: Family Caregivers*

2:15 - 2:30  
Break

2:30 – 3:45  
Innovative Dementia Initiatives in Northeastern NC

*NICHE: Patient-Centered Acute Care for Older Adults  
*Stefanie Surman, BSN, RN, CCRN*

*Dementia Friendly Hospitals  
Kelly Divita, BS  
Ann-Marie Parker, PharmD, CGP*

*Dementia Friendly Communities – No One Size Fits All  
Jean Bunch, BS, RN, CHES*

3:45 – 4:05  
Embracing Moments of Joy  
*Abel Sutton, BS*  
*Ganelle Sutton, BA, MS*

4:05 – 4:15  
Summary

4:15 p.m.  
Adjourn
Faculty

Hamid Okhravi, MD
Associate Professor of Geriatrics
Director, Memory Consultation Clinic
Glennan Center for Geriatrics and Gerontology
Eastern Virginia Medical School
Norfolk, VA

Melanie Bunn, MS, RN
Bunn Consulting
Raleigh, NC

Jean Bunch, BS, RN, CHES®
Chronic Disease Resource Nurse
Vidant Chowan Hospital

Kelly Divita, BS
Office of Experience and Volunteer Services
The Outer Banks Hospital

Ann-Marie Parker, PharmD, CGP
Clinical Pharmacist
The Outer Banks Hospital

Dana Rabon Smith, RPh
Administrator
Waterbrooke Assisted Living

Stefanie Surman, BSN, RN, CCRN
Clinical Nurse Manager, 3 North
SAMC Niche Coordinator
Sentara Albemarle Medical Center

Abel Sutton, BS
Inspirational Caregiver

Ganelle Sutton, BA, MS
Inspirational Caregiver

Planning Committee

Laura Alvarico, MBA
Area Agency on Aging
Albemarle Commission

Jean Bunch, BS, RN, CHES®
Vidant Chowan Hospital

Dianne Denny, MS
Outer Banks Dementia Task Force

Patricia Jordan, MSN, RN-BC
Vidant Bertie and Chowan Hospitals

Claire W. Mills, MPH, RN, FACHE
Eastern AHEC

Dana Rabon Smith, RPh
Waterbrooke Assisted Living

Robin South, BSN, RN, CMSRN
The Outer Banks Hospital

Stefanie Surman, BSN, RN, CCRN
Sentara Albemarle Medical Center

Please bring a sweater or lightweight jacket to ensure your comfort
Credit

Nurses
5.75 CNE

The Eastern AHEC Department of Nursing and Allied Health Education is approved with distinction as an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Centers Commission on Accreditation.

Participants must attend the entire program in order to earn contact hour credit. Verification of participation will be noted by check-in at the start of the program and initial-out at the conclusion of the program.

Occupational Therapy Continuing Competence

As of July 1, 2018, the NCBOT no longer accepts applications for pre-approval of CCAs. OT practitioners need to make sure they are completing activities that comply with Section 2.7 of the NCBOT Rules.

Physical Therapy Continuing Competence

AHEC is a pre-approved provider for the NC Board of Physical Therapy Examiners. Certificates reflecting 5.5 contact hours of education will be awarded at the completion of each program. Must attend the entire program to receive credit. No partial credit will be awarded.

Speech-Language Pathologists

Eastern AHEC will issue Certificates of Completion only; the participant must self-track and record the certificate for ASHA Certification documentation.

Nursing Home Administrators

Application has been made to the NC State Board of Examiners for Nursing Home Administrators for 5.75 hours of credit.

AAMA

Application has been made for prior approval by the American Association of Medical Assistants (AAMA) for 5.5 clinical continuing education unit(s). Granting approval in no way constitutes endorsement by the AAMA of the program content or the program provider.

Eastern AHEC Contact Hours

All other participants will receive 5.75 Eastern AHEC Contact Hours.

Participants must attend the entire program in order to earn contact hour credit.

Registration Information

Registration is online only at www.easternahec.net and requires a current MyAHEC account.

Registration fees

Nurse Aides and Medical Assistants  $40.00
Health professionals and all others  $65.00
Cancellation Policy

- Registrants canceling between two weeks and two business days prior to the first day of the event will incur a 30% cancelation fee ($25 minimum).
- No refunds will be given for cancellations received less than two business days prior to the event.
- No refunds or credits will be given for no-shows.
- Substitutes are welcome (please notify us in advance of the event).
- Cancellations MUST be made in writing by mail or email at easternahec@ecu.edu.

Handouts and Evaluations

Handouts will be available online only. One week prior to the program, registrants will receive a confirmation email with instructions to access handouts along with other program information.

Evaluations will be emailed after the program. Once the evaluation has been completed, your certificate will be available.

*By attending this event, I acknowledge that Eastern AHEC staff and/or their designees including news media may take general (not close-up) photos or videos of this event for marketing/publicity purposes, and I further allow my likeness to be used in this manner. If I do not wish to appear in these photos or videos, I understand that it is my responsibility to notify Eastern AHEC staff so my preference can be met.*

Americans with Disabilities Act

Individuals requesting accommodation under the Americans with Disabilities Act (ADA) should contact the Department of Disability Support Services at (252) 737-1016 (V/TTY) at least five business days prior to the program.

For more information about this program, please contact Ikisha Brothers at 252.335.4399 or ilbrothers@ecsu.edu.