March 22-23, 2018
The Education Center at Eastern AHEC
2600 W. Arlington Blvd.
Greenville, NC

This annual conference for IDD professionals will feature a variety of sessions geared towards empowering the provider to enhance clinical practice. The sessions cover the life span and offer practical, evidenced-based interventions that can be implemented immediately. This year there will be sessions facilitating resiliency in the workplace and a supervision topic. Along with four hours of ethics, professionals can choose autism topics, an employment session, behavior modification strategies, guardianship, and many more. Choose to register for the entire conference or just one day. Don’t miss out on this conference; the only one in the state geared towards educating IDD service providers.

TARGET AUDIENCE
• Professionals serving those with intellectual and developmental disabilities
• Social workers
• Psychologists
• Counselors
• Case managers
• Care coordinators
• Direct care providers
• Qualified professionals
• Group home personnel
• IID/DD facilities staff
• Private providers
• Early intervention staff
• Families/guardians
• Individuals receiving services

Provided By:
EASTERN AHEC
Area Health Education Center
Conference Agenda

**March 22, 2018**

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<td>8:30 a.m.</td>
<td>Registration and Refreshments</td>
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<tr>
<td>9:00 a.m.</td>
<td>Welcome and Opening Remarks</td>
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<tr>
<td>9:15 a.m.</td>
<td>Keynote Presentation</td>
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<tr>
<td>10:15 a.m.</td>
<td>BREAK</td>
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<tr>
<td>10:30 a.m.</td>
<td>Morning Concurrent Sessions</td>
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<td>12:30 p.m.</td>
<td>LUNCH (provided)</td>
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<tr>
<td>1:45 p.m.</td>
<td>Afternoon Concurrent Sessions</td>
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<td>3:00 p.m.</td>
<td>BREAK</td>
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<tr>
<td>4:00 p.m.</td>
<td>ADJOURNMENT</td>
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**THE ENERGIZER BUNNY: HOW LONG CAN YOU KEEP GOING AND GOING AND GOING AND GOING....**

ELIZABETH “GAIL” MARSAL, PHD

Associate Professor and Program Coordinator, Criminal Justice, North Carolina Wesleyan College, Rocky Mount

Systems are constantly changing and the needs of our clients are constantly increasing. How do we keep up, adapt, and ensure client wellness without sacrificing our own balance? There is indeed a relationship between client wellness and clinician professionalism and effectiveness. When we fail to maintain our work/life balance; we see the impact in how we interact with our clients and our co-workers. In this keynote presentation, we will identify stress factors and discuss methods for improving workplace relationships, morale, and attitudes.
SESSION A - Coaching Caregivers: Transferring Evidence-based Practices to the Home

KATIE BRADY, MSW, LCSW
Autism Specialist, Clinical Instructor, UNC TEACCH Autism Program, Chapel Hill

Often, parents and caregivers are only minimally included in treatment. Research has shown, however, that involving parents increases treatment efficacy and outcomes. This session will explore the “parents as co-therapists” model and explore the differences between parent education and parent training. Presenter will introduce specific strategies for training, coaching, and supporting caregivers in implementing evidence based practices in the home. Practical, real life applications for evidenced based practices in autism will also be discussed.

SESSION B - Part 1 - Empowering Adults with Disabilities in their Work Goals
Part 2 - Yes, YOU CAN Work and how Vocational Rehabilitation can Help

PART 1
KELLI DERR
Supported Employment Coordinator, The Arc of North Carolina, Wilmington

Using a person-centered approach, we as professionals need to focus on good job matches that will result in long term success. “Can you see yourself working there for a year?”, instead of “Will this job do for now?” should be the shift in thinking about employment goals. Teaching the skills needed for job searching, job interviewing, and job sustainability will result in individuals feeling empowered and successful.

PART 2
JIM SWAIN, MAED, MS, CRC
Program Specialist, IDD/MH/SUD/TBI, Division of Vocational Rehabilitation, Employment Services Section, NC DHHS

This session will provide the audience with an overview of vocational rehabilitation (VR) services that are typically provided to individuals with intellectual and developmental disabilities. Service eligibility guidelines and the array of services will be reviewed to give the audience a better understanding of how the VR system can benefit this population.

SESSION C - How to Get Away with Unethical Behavior: Research on Decision-Making

SEAN PUMPHREY, MSW, LCSW
Brody School of Medicine at East Carolina University

Most presentations and talks on ethics delineate what the Code of Ethics consists of and present case histories of what occurred in unethical behavior. This presentation utilizes a dynamic, research informed format which may assist professionals to become more self-aware, therefore, preventing or overcoming ethical breaches. During the presentation, you will learn why people are dishonest, explore the decision-making influences and how they pertain to ethical decision making, and formulate recommendations to change.

This session is continued in the afternoon. You must attend both parts to receive credit.

SESSION D - Caught in the Middle: Surviving and Growing

GAIL MARSAL, PHD

Do you remember the commercials of the child eating the middle of the Oreo cookie first, with a huge grin on his face? Well if you do, then you know that the middle is the best part of the cookie. However, the middle of the organizational structure may not be as desirable. This session will focus on how to balance the expectations of upper management and direct care staff while fulfilling the responsibilities of a mid-level manager. Topics to be addressed include team building, conflict resolution, motivations, and relationship building; which are all essential skills needed to survive and grow as a mid-level manager.
SESSION A - Working with Unicorns: Applying a Differential Diagnosis Framework to Better Support Children with Dual Diagnosis

LISA WOLFE, MSW, LCSWA
NC START East Director, RHA

PRISCILA NORRIS, MSW, LCSW
NC START East, Clinical Director, RHA

Daily functioning of children with dual diagnosis is affected not only by their cognitive deficits, but also by their environmental and medical vulnerabilities and their mental health needs; which creates a complex cluster of unique needs in treatment development and delivery. In this session, we will discuss the application of a differential diagnosis framework utilizing the DSM 5 and the DM-ID 2 and the prevalence of some mental health conditions in this population. We will also discuss how systemic engagement and collaboration can assist in assessment, diagnosis, and treatment.

SESSION B - Guardianship (and Other Alternatives) for People with Developmental Disabilities

ANTHONY D. NICHOLSON, ESQ
McPherson, Rocamora, Nicholson & Wilson, PLLC

Presenter will discuss why and when families need to think about guardianship, the factors to consider, types of guardianship, and alternatives to guardianship for people with disabilities. Presenter will also cover the guardianship procedure so that families know what to expect in the court process of appointing a guardian.

SESSION C - How to Get Away with Unethical Behavior: Research on Decision-Making (continued)

SEAN PUMPHREY, MSW, LCSW

This session is continued from the morning session. Participants must attend the entire session to receive credit.

SESSION D - Overview of Evidence-based Behavior Management Strategies to Support Individuals with IDDs

LAURA HIRUMA, PHD
Licensed Psychologist, Clinical Assistant Professor, Carolina Institute for Developmental Disabilities, University of North Carolina at Chapel Hill

This presentation provides a general overview of functional behavior assessment, framework for developing behavior interventions, specific evidence-based behavior support strategies, and considerations for implementing an effective behavior plan.
SESSION A - Making a Difference Everyday: Managing Behaviors of People with IDD and Dementia

MELANIE BUNN, RN, MSN
Lead Trainer, Alzheimer’s NC

With increasing longevity comes increasing complexity in understanding the complex actions and behaviors of individuals aging with IDD. The addition of dementia creates an even more intricate situation. This interactive session offers learners the opportunity to explore the impact of specific structural and chemical changes associated with dementia. Participants will practice communication and hands-on helping approaches to improve interactions, optimize function, and support independence.

SESSION B - Emotional Intelligence: What it Really Means and How it Really Works

CHRISTY JONES, BSW, MS, BCC
The Coach Chris Company, “Helping leaders develop and build high-performing teams!”

There is a lot of talk in the workplace about this concept known as “emotional intelligence” and for a very good reason. The research shows that people who have a high level of “emotional intelligence” tend to be more capable of managing multiple stressors and earn greater respect from their colleagues. They are also better able to stay calm, flexible, and focused when workplace crises hit and panic threatens to set in. This session is designed to give you a simple breakdown of what Emotional Intelligence is, using it in the workplace and at home, and how to use it for the benefit of building a high performing team!

SESSION C - Exploring the Intersection of our Cultural Identities: Enhancing Cultural Competency in Mental Health Work

SYNTIA SANTOS DIETZ, PHD, NCC
Assistant Professor, Department of Interdisciplinary Professions, College of Education, East Carolina University

Intersectionality centers on identifying, deconstructing, and honoring an individual’s various cultural identities and the unique interaction of those identities in the person’s life. Participants in this session will become familiar with the concept of intersectionality and its relevance to working effectively with culturally diverse populations. Strategies to enhance cultural competency will be discussed. Participants will have the opportunity to deconstruct their own identities and reflect on the relevant interactions.

SESSION D - Promoting Social Interaction and Communication in Preschoolers with ASD

TRICIA CARTER, MS, CCC-SLP
Journeys Speech and Language Therapy Services

This session will provide participants with evidence-based strategies adapted from the “More Than Words” program, which is a program for parents of children with Social Communication Disorders and/or Autism Spectrum Disorder. Strategies will be presented that will increase social interaction, help children pay attention to faces and what people say, respond to joint attention, increase use of gestures, and increase imitation.
SESSION A - Addressing Assistive Technology HEAD on: Hands on, Evaluations, Assistive Technology, and Demonstrations

JULIE DUTCHESS, ATP
Assistive Technologist, North Carolina Assistive Technology Program (NCATP)
North Carolina Department of Health and Human Services

This session will provide an overview of the North Carolina Assistive Technology Program (NCATP) and the services it provides. The presenter will describe the assistive technology evaluation process from the referral, to evaluation, to training. Assistive technology devices, equipment, software, and strategies will be discussed and demonstrated. Participants will have an opportunity for hands-on activities.

SESSION B - Treating Major Psychiatric Disorders in Patients with Intellectual Disabilities

THOMAS H. CLAY, MD
Clinical Associate Professor, Department of Psychiatry and Behavioral Medicine, Brody School of Medicine, ECU and Medical Director, MI/ID inpatient unit, Vidant Medical Center

This session will focus on somatic (holistic) treatment of mood disorders and thought disorders in patients with intellectual disability. Participants will learn how psychiatric symptoms are assessed in the context of intellectual ability and the decision process in choosing particular medications to treat those symptoms. The session will also explore the process of assessing response to medications and the indications for Electroconvulsive Therapy in the treatment of patients with intellectual disabilities.

SESSION C - Positive Adult Outcomes in Autism

TAMARA DAWKINS, PHD
Associate Clinical Director
Chapel Hill TEACCH Center

GLENNA OSBORNE, M.ED.
Director of Special Projects for Employment and Adult Transition, Clinical Instructor, Autism Specialist, UNC TEACCH Center

With the growing incidence of autism, we can expect that in the coming years, an increasingly large adult population will overwhelm our current transition and vocational rehabilitation programs. Recent data from a longitudinal study conducted at the UNC TEACCH Autism program indicated that many adults continue to require services across a wide array of areas including residential, employment support, and independent living. However, caregivers report a lack of resources to meet these vast areas of need. Families and professionals can help to maximize outcomes and quality of life for individuals on the autism spectrum by adopting a proactive approach to transition planning. Participants will learn practical strategies that foster positive adult outcomes. These strategies can be applicable for individuals who have other disabilities and their families.

SESSION D - Children with Sensory Processing Differences: Approaches to Support Engagement and Participation

LINN WAKEFORD, PHD, OT/L, FAOTA
Associate Professor, Division of Occupational Science and Occupational Therapy, University of North Carolina at Chapel Hill

Participants who attend this session will be able to: 1. Discuss sensory issues with the IDD population, effects on daily activities and social interaction, with strategies that practitioners and parents can use to help the child; 2. Discuss how a child’s sensory processing capacities and a variety of contextual factors intersect to influence performance of self-care, play, and learning activities; 3. Identify ways in which everyday materials, routines, and people can be used to support interventions that address sensory processing needs in natural environments.
Registration Information

SEATING IS LIMITED—PLEASE REGISTER EARLY TO ENSURE A SPACE

Online registration available at www.easternahec.net

Registration (received by March 15, 2018)
Both Days.................................................................................................................................................. $170.00
One Day.................................................................................................................................................. $95.00

Registration (received after March 15, 2018)
Both Days.................................................................................................................................................. $195.00
One Day.................................................................................................................................................. $120.00

Group rates are available for those working in the same agency and who send five or more employees.

The registration fee includes all program materials, refreshments, and lunch on both days. Participants are
encouraged to take advantage of the reduced fee by registering by March 15, 2018.

By attending this event, I acknowledge that Eastern AHEC staff and/or their designees including news media may
take general (not close-up) photos or videos of this event for marketing/publicity purposes, and I further allow my
likeness to be used in this manner. If I do not wish to appear in these photos or videos, I understand that it is my
responsibility to notify Eastern AHEC staff so my preference can be met.

Eastern AHEC Cancellation Policy
• To be eligible for a refund, cancellations MUST be emailed to easternahec@ecu.edu at least one week in advance
  of the activity
• NO refunds will be given for cancellations less than one week prior to the activity
• For continuing professional development activities canceled more than one week prior to continuing
  professional development activity:
  • A $35.00 fee will be deducted from the refund OR
  • The registrant may elect to apply the full amount toward a future Eastern AHEC continuing professional
    development activity being held within one year
• Substitutions are welcome; advanced notice encouraged

Americans with Disabilities Act

Individuals requesting accommodations under the Americans with Disabilities Act (ADA), should contact the
Department of Disability Support Services at (252) 737-1016 (Voice/TTY) at least five business days prior to
the conference.

If you would like more information on the conference, call Mental Health Education at (252) 744-5228.
Credit

THIS CONFERENCE OFFERS UP TO 10.0 HOURS OF CREDIT FOR PARTICIPANTS ATTENDING ALL SESSIONS.

Category A-NC Psychology Credit
This program will provide up to 10.0 hours of (Category A) continuing education for North Carolina Psychologists. **No partial session credit will be given.**

Contact Hours
Certificates reflecting up to 10.0 contact hours of education will be awarded at the end of this conference.

Continuing Education Units (CEU)
Application has been made to the Division of Continuing Studies at East Carolina University for 1 unit of continuing education credit.

North Carolina Public School Personnel Renewal Credit (PSPR):
Certificates for up to 10.0 contact hours of education will be awarded at the completion of the program.

Handout & Evaluations

You will receive handouts for this workshop in your confirmation email. Please be sure we have your correct email so that you will receive the handouts. Please be sure to print your handouts prior to the event and bring them to the conference, as there will be none available at the event. The program evaluation will be sent approximately three weeks following the conference to the email address on your registration form. Once the evaluation has been completed, your certificate will be available.

Accommodations

A limited number of rooms at the Residence Inn by Marriott, 1820 W. 5th St, Greenville, NC, will be held through March 1, 2018 for the conference rate of $99.00 plus tax (per night) for single/double occupancy with breakfast included. Please mention the Eastern AHEC IDD Services Conference to receive this special rate. Reservations received after March 1st will be honored on a space available basis. Make hotel reservations directly with the Residence Inn by calling (252) 364-8999. Check in time is 3:00 p.m. and check-out time is 12 noon.
2018 IDD SERVICES CONFERENCE: BUILDING BLOCKS FOR THE FUTURE IN PRACTICE
March 22-23, 2018 The Education Center at Eastern AHEC, Greenville, NC

Register online at www.easternahec.net

Last Name ____________________________ First Name __________________________ Middle Initial ___________

AHEC ID [ ] [ ] [ ] [ ] Can be the last four digits of your social security number or any four digits you can easily remember but should be the same for all AHEC programs you attend.

Discipline (check one): [ ] Allied Health [ ] Dentistry [ ] Health Careers [ ] Medicine
[ ] Mental Health [ ] Nursing [ ] Pharmacy [ ] Public Health [ ] Other

Specialties _______________________________ Degrees/Certifications/License _____________________________

Mail goes to: [ ] Home [ ] Office [ ] E-mail

Workplace
Employer_____________________________________________________________
Department ____________________________ Position:_______________________
Street/PO Box ________________________________________________________
City __________________________________ State _________ Zip _____________
Phone ______________________ Email ___________________________________

Home
Street/PO Box ________________________________________________________
City __________________________________ State ________ Zip _____________
Phone ______________________ Email ___________________________________

Please indicate which day(s) you plan to attend: [ ] Day 1 (3/22/18) [ ] Day 2 (3/22/18) [ ] Both Days [ ] Request a vegetarian lunch

Day 1: Morning Concurrent Sessions
[ ] Coaching Caregivers
[ ] Adult Work Goals/Vocational Rehabilitation
[ ] Unethical Behavior (continued in the afternoon)
[ ] Caught in the Middle

Day 1: Afternoon Concurrent Sessions
[ ] Supporting Children with Dual Diagnosis
[ ] Guardianship for IDD
[ ] Unethical Behavior (continued from the morning)
[ ] Behavior Management Strategies in IDD

Day 2: Morning Concurrent Sessions
[ ] Managing Behaviors of People with IDD and Dementia
[ ] Emotional Intelligence
[ ] Cultural Competency in Mental Health Work
[ ] Communication in Preschoolers with ASD

Day 2: Afternoon Concurrent Sessions
[ ] Addressing Assistive Technology HEAD on
[ ] Major Psychiatric Disorders in Patients with IDD
[ ] Positive Adult Outcomes in Autism
[ ] Children with Sensory Processing Differences

Program Number E54288
Method of Payment (Received by 3-15-18: Both Days $170; One Day $95, Received after 3-15-18: Both Days $195; One Day $120)

Check/Cash Enclosed for $ _____________________ Charge: [ ] VISA [ ] MasterCard [ ] AmEx [ ] Discover
Signature_____________________________________________________________

Billing Address_________________________________________________________
City ____________________________ State __________ Zip _____________

Exp. Date __________ Security Code (last 3 digits on back of card) [ ] [ ] [ ]

Account No. [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ]